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The Lord’s Supper

He took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.”²⁰In the same way, after the supper he took the cup, saying, “This cup is the new covenant in my blood, which is poured out for you.”

Luke 22:19-20

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It Enriches Our Relationship

“They devoted themselves to the apostles’ teaching and to the fellowship, to the breaking of bread and to prayer.” Acts 2:42

“On the first day of the week we came together to break bread.” Acts 20:7

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It Helps Us Remember

He took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.”

Luke 22:19

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It Helps Us Remember
 God’s Love and Forgiveness

He took the cup, gave thanks and offered it to them, saying, “Drink from it, all of you. ²⁸This is my blood of the covenant, which is poured out for many for the forgiveness of sins.”

Matthew 26:27

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It Helps Us Remember
 Our Need

Therefore, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. ²⁸A man ought to examine himself before he eats of the bread and drinks of the cup.

1 Cor 11:27-28

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It Helps Us Remember
 Our Oneness in Christ

Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ? ¹⁷Because there is one loaf, we, who are many, are one body, for we all partake of the one loaf. 1 Cor 10:16-17

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It is a Way to Share the Good News

For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

1 Cor 11:26

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